## Get out of the house and meet new friends!



Have you got a Thursday free? Are you interested in getting out of the house and having some fun!

If so, then join us at the:

## **Broadwater Day Club**

This Club meets at the Community Centre, Evergreen Life Care from 10am - 2pm and is open to senior members of the Gosford community.

Our Program includes: Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips

Morning Tea & Lunch

Contribution each week: \$6.00

Transport may be provided

For further information, please contact:
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